

The University of Victoria's

36th elk lake spring regatta

regatta info 2010



saturday march 6th

sunday march 7th

7.00am	regatta meeting (coaches/coxies/bows)			7.00am	regatta meeting (if required)		
8.00am	heats begin for saturday events			8.00am	heats begin for sunday events		
1.00pm	1. womens MASTERS	4x	1000m	10.00am	25. mixed MASTERS	4x	1000m
.10	2. mens MASTERS	2x	1000m	.10	26. womens JR	8+	
.20	3. womens JR B	4+		.20	27. womens OPEN	8+	
.30	4. mens JR B	4x+		.30	28. mens JR	2x	
.40	5. womens NOVICE	8+		.40	29. mens NOVICE	4x	
.50	6. womens JR	2x B final		.50	30. mens OPEN	4-	
2.00pm	womens JR	2x A final		11.00am	31. womens LWT	2x	
.10	7. mens JR	4x		.10	32. womens MASTERS	1x	1000m
.20	8. mens JV	8+		.20	33. mens OPEN	4x	
.30	9. mens JR B	4+		.30	34. womens OPEN	2x	
.40	10. womens JV	8+		.40	35. womens OPEN	4+	
.50	11. womens JR B	4x+		.50	36. womens JR	4x	
3.00pm	12. mens NOVICE	8+		12.00noon	37. mens JR B	2x	
.10	13. womens MASTERS	2x	1000m	.10	38. womens JR B	8+	
.20	14. mens MASTERS	4x	1000m	.20	39. mens MASTERS	1x	1000m
.30	15. mens LWT	1x		.30	40. womens JR	4+	
.40	16. womens JR	1x		.40	41. womens JV	4+	
.50	17. mens JR	2-		.50	42. mens JR	8+	
4.00pm	18. womens OPEN	2- B final		1.00pm	43. mens OPEN	8+	
.10	womens OPEN	2- A final		.10	44. womens NOVICE	4x	
.20	19. mens OPEN	1x		.20	45. mens OPEN	2x	
.30	20. womens OPEN	1x		.30	46. womens JR B	2x	
.40	21. womens LWT	1x B final		.40	47. mens JR B	8+	
.50	womens LWT	1x A final		.50	48. womens OPEN	4x	
5.00pm	22. mens JR	1x		2.00pm	49. mens LWT	2x	
.10	23. womens JR	2-		.10	50. mixed MASTERS	8+	1000m
.20	24. mens OPEN	2- B final		.20	51. mens JR	4+	
5.30pm	mens OPEN	2- A final		.30	52. mens JV	4+	

all race distances are **1850 meters** except where noted

wild wild west rowing

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entry information

entry deadline: Friday, February 26, 2010

email entries to rcrawl@uvic.ca

- Entry forms must be in by this date by 6.00pm (by email)
- fees are due for all entries with entry forms including the Row BC fee for services of \$2 per athlete per day

entry fees	:	8+	\$ 55.00
		4's	\$ 40.00
		2's	\$ 30.00
		1x	\$ 20.00

(t-shirt prize for winners)(ribbon for 2nd)

SCRATCH FEE EQUALS ENTRY FEE

late entry: *double* the entry fee per event and only if the event has room.

Late entries accepted ONLY on Wednesday, March 3, by 10.00 am

The final schedule will be available at **6.00 pm, Wednesday, March 3, 2010**

preferred method: PAY BY VISA OR MASTERCARD ON OUR SECURE LINE (250 472 4036)
(provide: full name on card/number/expiry date) (receipt pickup at the regatta)
for those that are old fashioned

Make cheques payable to the **UNIVERSITY OF VICTORIA** AND FORWARD (by the deadline)TO:

RICK CRAWLEY
ATHLETICS - ROWING
University of Victoria
box 3015
Victoria, BC V8W 3P1

for further information: contact: **rick crawley** at 250 472 4036
or e-mail (rcrawl@uvic.ca) or fax 250 472 4768

wild wild west rowing

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definitions

NOVICE	*began rowing in september 2009 or university freshman
JUNIOR A	*under 19 for the calendar year and in high school born in 92 or later
JUNIOR B	*under 17 for the calendar year born in 94 or later
MASTERS	*over 27, with a handicap of 1 second per year measured from the youngest crew. Crew averages must be on the entry form. age is as is on the day of the regatta.
JV'S	*second boat or lightweights
LIGHTWEIGHT	*men 165# max (75kg) women 135# max (61.4kg) *scales open at 7.00am to 9.00am each day

race notes

- maximum 7 boat finals (lanes 0 to 6)
- all participants must be registered with Rowing Canada or USRA as this is a sanctioned event.
- all **shells** must be equipped with **bow clips, bow balls and quick release ties** on the shoes. Shells that do not comply will not be allowed to race.
- a race course map will be posted at the boathouse with **warmup, racing and cooldown** patterns denoted. Failure to adhere to warmup pattern will result in **disqualification**.
- all crews are to be in the start area 5 minutes prior to their start time. All starts are floating starts and will require the cooperation of all participants.
false starts will lead to disqualification at the finish line (no second chances)
- **race control** will open at **6.30am** on Saturday and Sunday.
scratches should be directed to the **race control desk**
- events will be scratched if there is less than 2 entries, but the time slot will remain. ribbons for 2nd will be given if three or more entries, pick up at race control
- **the front apron is closed to rigging to facilitate free and easy movement of race traffic on and off the dock.**
All rigging to be done in the back 40, *your cooperation is appreciated.*
- **awards** *wild wild west t s for 1st*
ribbons for second

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