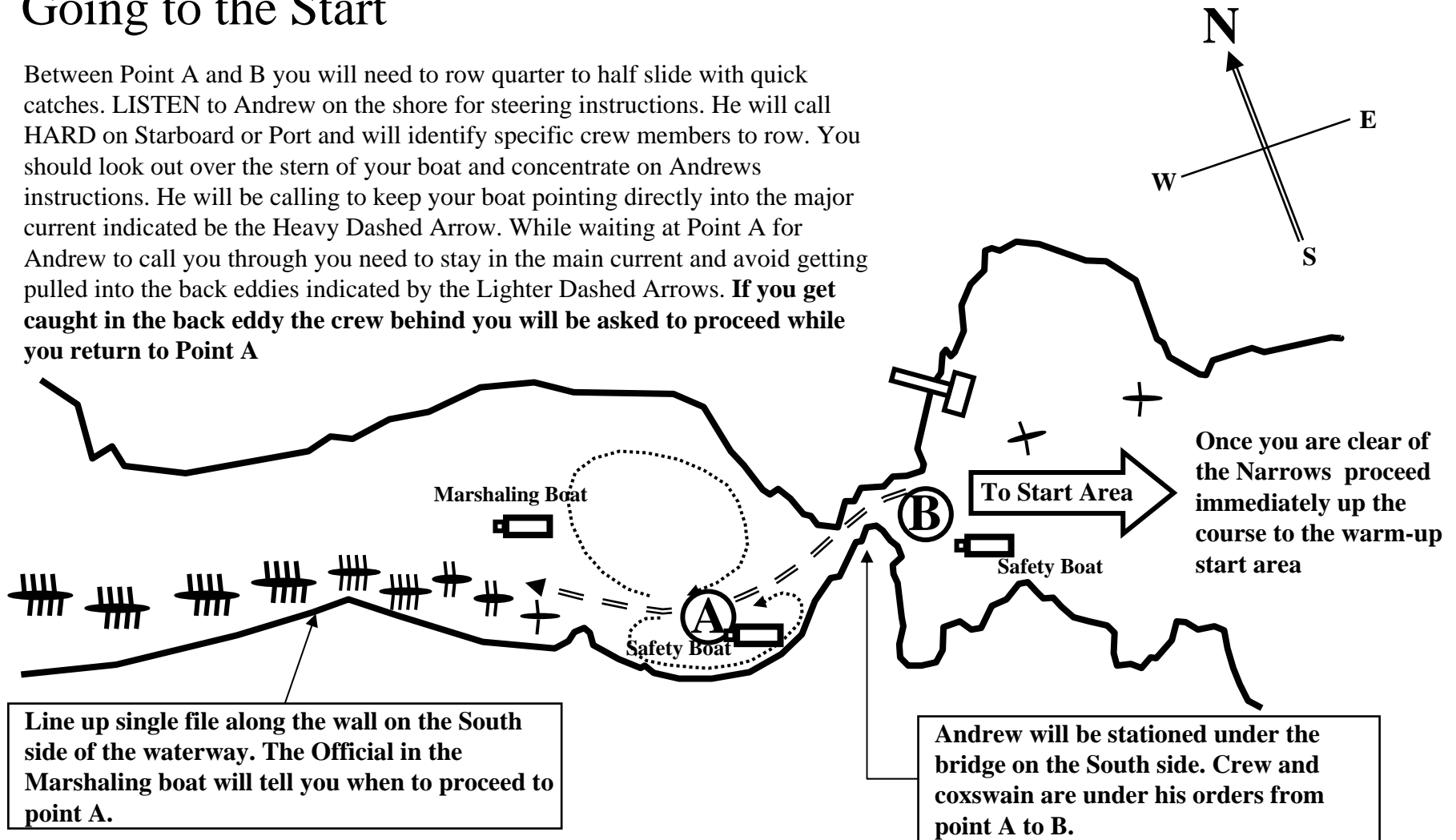


Tillicum Narrows

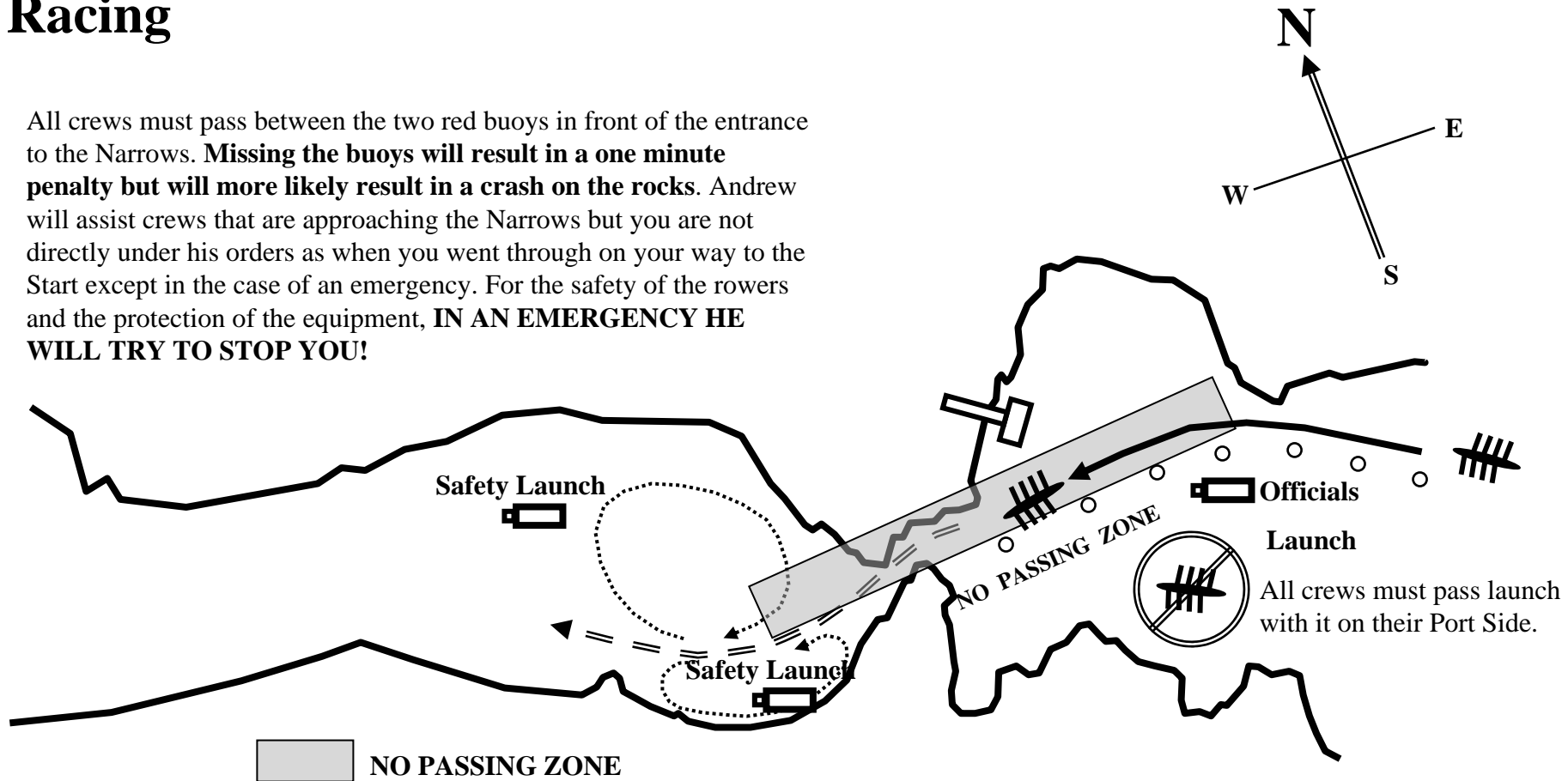
Going to the Start

Between Point A and B you will need to row quarter to half slide with quick catches. LISTEN to Andrew on the shore for steering instructions. He will call HARD on Starboard or Port and will identify specific crew members to row. You should look out over the stern of your boat and concentrate on Andrews instructions. He will be calling to keep your boat pointing directly into the major current indicated by the Heavy Dashed Arrow. While waiting at Point A for Andrew to call you through you need to stay in the main current and avoid getting pulled into the back eddies indicated by the Lighter Dashed Arrows. **If you get caught in the back eddy the crew behind you will be asked to proceed while you return to Point A**



Tillicum Narrows Racing

All crews must pass between the two red buoys in front of the entrance to the Narrows. **Missing the buoys will result in a one minute penalty but will more likely result in a crash on the rocks.** Andrew will assist crews that are approaching the Narrows but you are not directly under his orders as when you went through on your way to the Start except in the case of an emergency. For the safety of the rowers and the protection of the equipment, **IN AN EMERGENCY HE WILL TRY TO STOP YOU!**



The area between the buoys and the exit of the Narrows is a no passing zone. The crew which is going to make the buoys first is the crew that has right of way to the entrance. Overtaking crews must ease off if they cannot clearly pass before the buoys. Andrew will instruct crews if they must yield. **Attempting to pass in the no passing zone will result in immediate disqualification.**